

2008 Prevention Trust Fund Grant Recipients

3rd JD - Family Service and Guidance Center of Topeka *The PEACE Keepers School Violence Prevention Program* (3rd year) \$4,050 (2nd year) \$5,383 (1st year) \$7,665

The PEACE Keepers Program is a semester long group facilitated by trained Family Service and Guidance Center staff that will serve at least 20 children in 3rd through 5th grade at Quentin Heights Elementary School (USD 501, Topeka). Participants will be children who are at risk for engaging in acts of school violence or who have committed a violent act at school.

Participants interact with one another and the Group Leaders through role-playing and peer-to-peer interaction. Critical skills that enable children to avoid violence are taught in a safe, structured, and supervised setting. By developing coping and problem-solving skills through interactive exercises, PEACE Keepers offers children the opportunity to connect to their schools and communities through nonviolent, proactive approaches to conflict and anger.

Proposed outcomes include a 80% program completion rate as well as increases in participants' ability to appropriately express emotions, ability to interact positively with peers, ability to appropriately handle aggression, improvement in decision-making skills, and increased knowledge of anger management techniques and strategies. Participants will also avoid school suspension and involvement in school-related discipline incidents.

Budget:	\$2,835	.154 FTE for Group Leaders	.02 FTE for Project Director
	614	Fringe Benefits	
	172	Travel	
	429	Supplies	
	\$4,050	Total	

3rd JD - Girl Scouts of Kaw Valley Council *Girls Scouts Beyond Bars* (3rd year) \$32,797 (2nd year) \$47,232 (1st year) \$51,232

The Goals of the Girl Scouts Beyond Bars program are: 1) Reducing the trauma associated with being separated from a incarcerated mother 2) Nurturing and in some cases re-establishing the mother-daughter relationship 3) Help daughters and mothers develop personal strengths and confidence to aid them in making positive decisions in the future.

Girl Scouts Beyond Bars provides girls a bi-monthly opportunity to visit their mothers incarcerated at the Topeka Correctional Facility and take part in a mother/daughter Girl Scout meeting. Troop meeting activities are based on Beyond Bars a Curriculum for Life with such topics as the arts, literacy, physical fitness and body image, character building, and leadership. In addition the girls and their mothers have facilitated discussions about family life, violence, and drug abuse prevention. The program is serving girls residing in

24 different communities across the state. There are currently 120 girls participants and 80 mothers participating in the program. In addition, weekly training is provided to mothers on leadership development, education in all risk areas, parenting education and preparation for a successful reentry.

Budget:	\$20,511	program coordinator and transportation coordinator
	5,286	Travel transport girls to Topeka 2X a month
	7,000	Meeting Costs (\$400 x 24 meeting)
	\$32,797	Total

**3rd JD - Shawnee County Family Resource Center *Community Service Program*
(3rd year) \$58,561.50 (2nd year) \$66,927 (1st year) \$66,927**

The purpose of Community Service Program is to decrease risk factors and increase protective factors for Shawnee County student's who are at risk of academic failure or who have been expelled or suspended from school. Students who participate in the program have the opportunity to complete academic credits; participate in therapeutic life skills groups; be trained in service learning and complete community service hours; have a social work assessment with access to appropriate community resource referrals and case management services provided; and be assessed and referred for on-site drug and alcohol treatment as needed. Students attending the Community Service Program are determined by the schools as at risk for academic failure or long-term suspended (30 days or longer) or expelled from a traditional school setting. Students range in age from 12-18 years and are enrolled in grades 7-12. The program will serve a minimum of 48 students referred from any of three Shawnee County suburban school districts – Shawnee Heights, Seaman or Auburn-Washburn Rural. Each school district is purchasing 8 seats at a cost of \$4,374 for a total of \$118,098. They have also expanded the target population to serve students who are at risk of academic failure.

Budget:	\$48,960	1.0 FTE Program Coordinator and .35 FTE Social Worker
	8,768	Fringe Benefits
	833.50	Travel
	\$58,561.50	Total

**5th JD - USD 253 *Project QUEST* (3rd year) \$61,250, (2nd year) \$70,000
(1st year) \$70,000**

The Emporia Public Schools, through Project QUEST will collaborate with community partners to address prevention of delinquency as related to academic failure, antisocial behavior, lack of social skills and opportunities for positive involvement by reducing the number of youth ages 10-14 that have unstructured and unsupervised free time.

The after school programs will be provided at Lowther Intermediate schools (grades 5/6) and Emporia Middle School (grades 7/8). The total number of students offered services will be 1,411. Students targeted for structured academic remediation through a formal referral process will be the 10 - 12% with the greatest needs. 80% of others referred by school staff, service agencies, and parent and self-referral for antisocial behavior and academic intervention will also be targeted. All students will be offered academic intervention through tutoring, and homework help, and activities encompassing youth development, academic enrichment, career awareness, and community service-learning.

The expected outcomes include: 40% of student population attending 30 days or more and reporting satisfaction; 75% of those exhibiting no suspensions, no excessive absenteeism, reduced substance use, and improved GPA.

Budget:	\$47,200	2 full time site coordinators (200 day contract)
	3,908	fringe benefits
	10,142	Supplies for after school sites
	\$61,250	Total

15th JD - Regional Prevention Center of Northwest Kansas *Northwest Kansas After School Project (NKAP)* (3rd year) \$16,906 (2nd year) \$19,321 (1st year) - \$19,321

The purpose of the proposed Northwest Kansas After School Project (NKAP) is to expand and enhance two after school programs that were piloted in Colby and Goodland. The model program, *Too Good for Drugs and Violence* (TGDV), will be implemented by trained staff in both community-based programs. This primary prevention project is intended to impact elementary students and their families by providing a safe place for children to go after school, where trained adults provide healthy snacks, constructive activities and tutoring. NKAP is designed to reduce the three risk factors of favorable attitudes to drug use, peer drug use and early initiation to drug use and to increase the protective factor of social skills.

The target population in Colby is 30 3rd, 4th and 5th grade students and the little's in the Thomas county BB/BS program. The target population in Goodland is 35 1st through 4th grade students and the "littles" in the Sherman County Big Brother Big Sister program. The 90 hours of direct services will be provided through the program in Colby for 20 weeks, three days a week; 120 hours in the Goodland program for 20 weeks, four days per week. Both programs are hoping to expand to five days per week for 36 weeks (the entire school year), but funding for the expansion is not yet in place.

Budget;	\$ 5,104	15% Project Director Salary
	582	Fringe Benefits
	240	Supplies
	2,215	Training Costs, includes in-service
	1,674	Colby Program (snacks, supplies)

7,331	Goodland Program (site coordinator, student aide, snacks, supplies)
\$16,906	Total

**18th JD - Mental Health Association of South Central Kansas *Pathways*
(3rd year) \$34,300, (2nd year) \$40,000, (1st year \$40,000)**

The Mental Health Association of South Central Kansas (MHASCK) is expanding the Pathways Program by 300 children and youth(c/y), ages 12 to 18, in Sedgwick County. C/y participants will be identified as having risk factors for juvenile delinquency, and will be referred by teachers and others who work with them in community agencies. They will participate in groups of 10-15 in ten to twelve weekly sessions, utilizing Life Skills Training and Success in Stages: Building Respect curriculum. Pre- and post-testing will be conducted; teachers and parents will be asked to complete satisfaction surveys. The overall goal is to reduce risk factors for juvenile delinquency and substance abuse, as well as to increase protective factors, including commitment to school and positive problem-solving competencies, utilizing evidence-based practices, focused on addressing Communities That Care risk factors in youth.

Budget:\$ 23,289	.35 FTE Program Director
	Program Facilitator 52 weeks x 12 hours/wk x \$10.82
5,077	Fringe Benefits
1,975	Travel
3,959	Indirect Costs (17% of personnel)
\$34,300	Total

**18th JD - Rainbows United, Inc. *“Proud of Me” Therapeutic Preschool Project*
(3rd year) \$47,146 (2nd year) \$62,862 (1st year) \$62,862**

The “Proud of Me” Therapeutic Preschool Project will increase school readiness and pro-social skills among Sedgwick County children with serious emotional disturbance (SED). A total of 16 children ages 3 through 5 will attend a year-round morning therapeutic preschool session four days a week at a Rainbows Connection, an early intervention center in mid Wichita. Six bachelor’s level staff trained in the Conscious Discipline approach and a trained assistant will staff each classroom of sixteen children. A parent coach will work intensively with families to provide family support and education promote carryover of skills learned in the center, develop home behavior management programs, and provide opportunities for parents to come together for education, guidance and mutual support.

The “Proud of Me” Therapeutic Preschool is a public/private partnership between Rainbows United, Inc. and COMCARE Family and Children Community Services (FCCS) of Sedgwick County. The cost of the services will be partially offset by

Medicaid billings submitted by COMCARE. It is projected \$130,192 will be billed to Medicaid. The PTF grant will support the parent coach and other non-billable services that are integral components of a service delivery model that effectively partners with and actively engages families to achieve desired outcomes.

Budget:	\$26,480	Full-time Parent Coach
	4,320	.1 FTE Program Coordinator
	5,544	Fringe Benefits
	1,770	Travel
	2,344	Supplies
	3,196	Flex fund, child care, staff training
	3,492	Indirect at 8%
	\$47,146	Total

21st JD - Regional Prevention Center of Northwest Kansas *Youth as Resources*
(3rd year) \$26,440 (2nd year) \$19,440 (1st year) \$33,161

Youth as Resources (YAR) is a community based program that provides small grants to young people to design and carry out service-learning projects. These projects address social problems and contribute to community involvement and improvement. YAR gives youth the opportunity to engage in alternative programs while developing skills and becoming positively involved in the community.

Based on the Communities That Care model, youth who contribute in meaningful ways to their communities and get recognized for their efforts are less likely to engage in high-risk behaviors. Through service-learning projects, youth participants will begin to bond with the community and its members, making the choice of engaging in high-risk behaviors more difficult. Youth gain experience in leadership, teamwork and commitment, while communities gain strong partnerships between youth and adults, as well as an invaluable resource of youth energy and determination.

Young people identify a problem in their community and design a project to combat the issue. Once they have designed the project, the youth complete a grant application requesting funding from Youth as Resources, and present their proposals at an advisory board meeting. The advisory board, which is comprised of 75% youth and 25% adults, is then solely responsible for discussing and making decisions about the project. If funded, the requesting youth are provided with money to complete their project, and are responsible for completing and submitting all necessary contracts and paperwork throughout the process. All projects must have an adult advisor, but the adult may only provide supervision, and may not serve as a key participant in the project or completing paperwork.

The Regional Prevention Center of Northeast Kansas will no longer employ a full time YAR Coordinator and will train county YAR advisory boards to be self-sustaining coalitions and provide youth more opportunity for leadership.

Currently YAR is available in Geary, Pottawatomie, Riley and Wabaunsee counties. A new Board will be established in Clay County in 2008. It is anticipated over 750 youth will participate in YAR activities in 2008.

Budget:	\$2,500	Supplies
	21,000	Grants Awarded to Youth
	1,000	Advisory Board Expenses
	1,440	Indirect Cost
	\$26,440	Total